



Regina Adcock

July 6, 2014

Regina Barnard Adcock age 56 of Harriman passed away Sunday July 6, 2014. Preceded in death by mother Wilma Adkins Barnard, grandmother Alice Smith.

Survivors

Father Herbert L. Banard

Son Cory Adcock & wife Nicki

Brother Tommy Barnard

Grandchild Aaron Adcock

Many close friends & extended family members

Funeral 7 PM Thursday at Kyker Funeral Home Chapel in Harriman with Rev. Mason Goodman officiating. Interment 10 AM Friday at Roane Memorial gardens. The family will receive friends from 5 to 7 PM Thursday.

Tribute Wall

DF

“ Regina,
Sorry to hear you are gone from us. It was so nice to meet you. A lot of people's hearts are going to be broken now that you are gone. Know that you will never be forgotten.

Love,
Denice Arwood

Denice Arwood - Harriman, TN - Friend - July 10, 2014 at 12:00 AM

JF

“ Regina and I worked together for 2 years. Some times we closed together and you never knew what would happen. She would always come out to retail to say hi and see what she could get for her grandson.. She loved him so much. We had great times and a lot of laughs no mater how hard of a night she was having. I saw her in the hospital and we prayed together. She said she Loved God and I am so glad because I know she is looking down at me and laughing at all the things I am going through. Good friend and one I will think of with a smile on my face. Love and prayers to the family. God Bless all of you.

Joyce Emile - Harriman , TN - Friend - July 10, 2014 at 12:00 AM

MM

“ Regina's family - so sorry for your loss. Such a very sad time. She was such a fun sweet person! Know that warm thoughts are coming your way during this very sad time. Peace Regina!!

Mary Jayne Long - Brandon, FL - Classmate, Fellow Majorette - July 09, 2014 at 12:00 AM

CF

“ Regina was a good friend of mine for many years. She was kind, funny, and loyal. We did many things together through the years and I cherish every memory. Regina was always there for me. I will miss her terribly.

Cathy Reeves Barger - Harriman, TN - Friend - July 09, 2014 at 12:00 AM

GF

“ Regina was my best friend at Cracker Barrel. We would set up lots of nights and talk about family and friends to wee hrs in the morning, we did this until last summer when my hrs. at work cause us to change. I work somewhere else and our hrs. differ. I truly loved Regina as a person and friend and she will never be forgotten. She never failed to ask about my husband and children. No matter how down you were she made you feel better. I sad but we will meet again. Her family is now in my prayers. Love forever
Marcus & Glenda Melton

Glenda Melton - Kingston , TN - Friend - July 09, 2014 at 12:00 AM

AN

“ May the love of God embrace you in these tough moments and help you heal the pain you feel in your heart. I pray for God to provide you with the strength you need in these difficult times. Regina was a special lady and a good friend to my sister and nieces. She will be greatly missed by all who have had the privilege of knowing her.

Anita Ishman - Harriman, TN - Friend of my sister and nieces - July 08, 2014 at 12:00 AM

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Anita Ishman - Harriman, TN - Friend of my sister and nieces - July 08, 2014 at 12:00 AM

DF

“ *Tommy my thoughts & prayers are with you and the family. I went to H.H.S. with Regina and had'nt seen her in years until a few times at C. Barrel. She was always so kind & smiling. Taking time to say hi when she was working. She will be missed but not forgotten. Rest In Peace Regina. So sorry for the loss of your loved one.*

Debbie Edwards Turnbull - Harriman, TN - South Harriman Friend - July 07, 2014 at 12:00 AM

HF

“ I lost a dear friend on Sunday and it is truly painful to deal with the sorrow. Cancer claimed another victim, but Regina never ever let it get her down. Oh no. She was determined to make the best of every single moment and squeeze the most out of life. She always loved with her whole heart and was the type of woman who would give the shirt of her back to someone who needed it. She put others first. For instance, while on vacation she didn't always feel great but (her first trip to the beach!) she purchased little trinkets and gifts for everyone back home. I got a t-shirt, my sister got a t-shirt and key ring, my mother had a shirt as well--all very thoughtful and unique to our personalities. Also, last summer when my mother was terribly ill, Regina went to the hospital to visit her even though Regina was doing chemo and could get sick from being there. She called us everyday to check on our mother and sent positive, uplifting text messages as well. That was just Regina. Putting others first. Sharing kindness and love. Being there for her friends and family.

Oh, this has been hard to write. I'm sure Regina is throwing the ball for Midget (her beloved dog) and they are galloping about in Heaven. She is having the time of her life and is healthy again. She'd probably wag her finger at me for crying and being sad when she's at peace now. Then she'd hug me and apologize for making me cry.

I'm praying for her loved ones left behind. She had a grandson, Aaron, that she absolutely adored and bragged about all the time. She loved him so very much. Her eyes would light up when talking about Aaron. I know her family is sad now and I'll be thinking about them.

Heather Barger - Harriman, TN - Friend - July 07, 2014 at 12:00 AM

JC

“ I had the pleasure of working with Regina at Cracker Barrel for over five years. She was the hardest working person I've ever known. Regina was also very kind and always ready to help a fellow employee who needed it. I will miss competing with her as a cashier, to see who could sell the most target items that day. Of course, she usually won! Regina took me under her wing when I first started work and I'll never forget that kindness!

Not only did we work together, but Regina was also a close family friend. She called my sister and me "her girls." Every time she'd come over, Regina would scour our family calendar for funny "calendar worthy" moments, some of which she contributed to herself.

Regina was always there for me as a friend and mentor. She is someone that I looked up to and wanted to emulate. She's always been there for me anytime that I've needed her. Regina always had something nice to say or a way to lift me up. I miss her so very much!

Regina was a tremendous woman who will be missed by many. My thoughts are with her family during this difficult time. I know the wound is deep.

Jessie Barger - Harriman, TN - Friend and Co-Worker - July 07, 2014 at 12:00 AM

BC

“ Regina was always a very sweet person. Always brightend up my day when I worked with her at Cracker Barrell. She was a wonderful person and will be missed dearly

Brittany Catron - harriman, TN - co-worker - July 07, 2014 at 12:00 AM